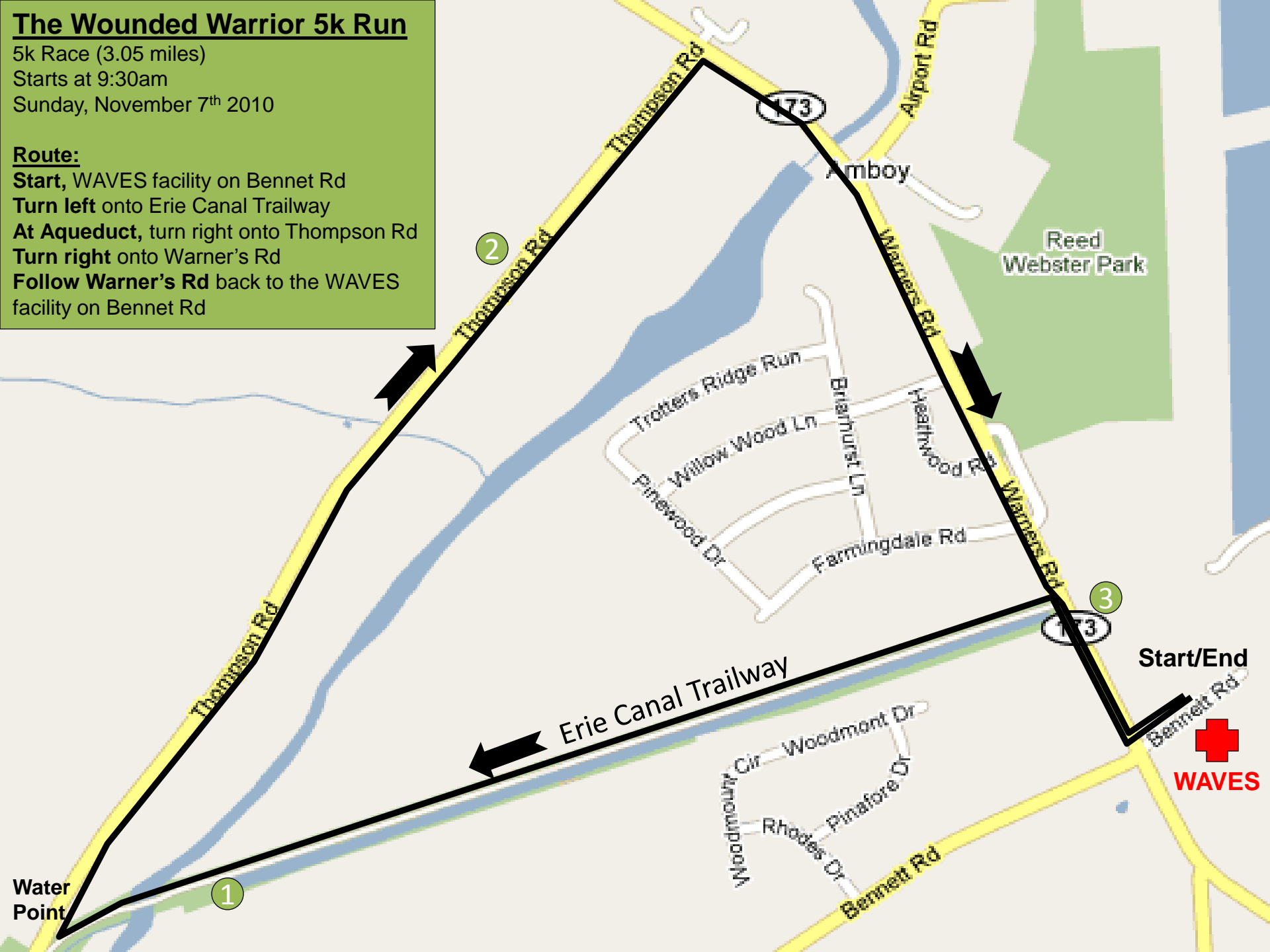


The Wounded Warrior 5k Run

5k Race (3.05 miles)
Starts at 9:30am
Sunday, November 7th 2010

Route:
Start, WAVES facility on Bennet Rd
Turn left onto Erie Canal Trailway
At Aqueduct, turn right onto Thompson Rd
Turn right onto Warner's Rd
Follow Warner's Rd back to the WAVES facility on Bennet Rd



Water Point

1

2

3

Start/End

